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Next Weeks Lesson: Lesson 17 "A Seer ... Becometh a Great Benefit to His Fellow Beings" ([Mosiah 7-11](#))

Today's Lesson: Lesson 16 "Ye Shall Be Called the Children of Christ" ([Mosiah 4-6](#))

- What does it mean to sit on the right hand of God? What kind of people will be entitled to sit on the right hand of God? on the left hand of God? (See [Matthew 25:33-46](#); [D&C 29:27](#).)

At the end of his sermon, King Benjamin told his people what they needed to do to be entitled to sit on the right hand of God. We can learn from King Benjamin's words because the requirements are the same for us.

1. King Benjamin's people seek and receive a remission of their sins. ([Mosiah 4:1-12](#))



it essential for us to recognize our dependence on the Lord?

- A. After King Benjamin taught his people about the mission of the Savior, he saw that "they had fallen to the earth" ([Mosiah 4:1](#)). Why did the people fall to the earth? (See [Mosiah 4:1-2](#).) How are we "less than the dust of the earth"? (See [Helaman 12:4-8](#); [Moses 1:9-10](#).) Why do you think King Benjamin emphasized his people's "nothingness" and unworthiness? (See [Mosiah 4:5-8](#), [Mosiah 4:11-12](#).) Why is
- B. What did understanding their "carnal state" lead King Benjamin's people to do? (See [Mosiah 4:2](#).) What caused them to become "filled with joy"? (See [Mosiah 4:3](#).) What enabled them to be forgiven of their sins? How did they know they had been forgiven? How can we know that we are forgiven after we repent? (For help in answering this question, you may want to refer to the statement by President Harold B. Lee on page 63.)
- C. What did King Benjamin teach about how we obtain a remission of our sins? (See [Mosiah 4:9-10](#).) What did he teach about how we *retain* a remission of our sins? (See [Mosiah 4:11-12](#), [Mosiah 4:26](#).) What does it mean to retain a remission of our sins?

D. How can King Benjamin's words to his people give us hope when we are discouraged by our weaknesses?

**2. King Benjamin teaches his people how to live Christlike lives. ([Mosiah 4:13-30](#))**

King Benjamin's Counsel - [Mosiah 4:13-15](#), [Mosiah 4:16-26](#), [Mosiah 4:27-30](#)



A. According to King Benjamin, what obligations do parents have to their children? (See [Mosiah 4:14-15](#).) What conditions in the world today make King Benjamin's counsel to parents especially important? Why is it so important that parents teach the gospel to their children?

President Gordon B. Hinckley said, "The health of any society, the happiness of its people, their prosperity, and their peace all find their roots in the teaching of children by fathers and mothers" (in Conference Report, Oct. 1993, 79; or [Ensign, Nov. 1993, 60](#)).



B. How can we teach children to love and serve one another?

C. King Benjamin also instructed his people to care for the needy ([Mosiah 4:16](#)). According to King Benjamin, why do some people refuse to help the needy? (See [Mosiah 4:17](#), [Mosiah 4:22](#).) Why do we have "great cause to repent" if we have this attitude? (See [Mosiah 4:18-23](#).) In what sense are we all beggars? (See [Mosiah 4:19-20](#).)

D. Why is charitable service an important characteristic of members of Christ's Church?

E. How can we follow Heavenly Father's example as we give to the needy? (See [Mosiah 4:16](#), [Mosiah 4:20-21](#).) How can we ensure that when we give to the needy, we give the right assistance in the right way?

There is no single right approach to helping the needy. We should remember the principles taught by King Benjamin and seek the guidance of the Spirit in each situation. The Lord has established ways in which we can help the needy. When we give fast offerings or donate money, goods, time, or other service to the Church, we can be confident that our contributions are being used wisely.

F. What counsel did King Benjamin give to the poor who could not impart of their substance? (See [Mosiah 4:24-25](#).) How can we develop a generous heart regardless of our financial situation?

- G. Why do you think serving others helps us retain a remission of our sins? (See [Mosiah 4:26](#).)
- H. Let's read [Mosiah 4:27](#). What does it mean to do all things "in wisdom and order"? How can you be helped by this counsel?
- I. King Benjamin taught his people that to avoid sin and maintain their commitment to God, they must watch their thoughts, words, and deeds ([Mosiah 4:29-30](#)). How are our thoughts, words, and deeds related? How will our words and deeds be affected when we watch our thoughts?

**3. King Benjamin's people experience a "mighty change" and covenant to do God's will in all things. ([Mosiah 5-6](#))**

- A. How did the people know that King Benjamin's words were true? (See [Mosiah 5:2](#).) What effect did the Spirit of the Lord have on the people? (See [Mosiah 5:2-5](#).) How might our lives and relationships be affected if we "had no more disposition to do evil"?
- B. Why is it important for us to know that the people who heard King Benjamin's sermons and experienced a mighty change of heart were already members of the Church?
- C. Once we have experienced a "mighty change ... in our hearts" ([Mosiah 5:2](#)), what challenges do we face in maintaining this change? How can we meet these challenges?
- D. What does it mean to become children of Christ? (See [Mosiah 5:2](#), [Mosiah 5:5-7](#).) What does it mean to "take upon [ourselves] the name of Christ"? (See [Mosiah 5:8-11](#).) What can we do each day to help us keep Christ's name written in our hearts? (See [Mosiah 5:11-15](#).)



Elder Dallin H. Oaks explained: "Our willingness to take upon us the name of Jesus Christ affirms our commitment to do all that we can to be counted among those whom he will choose to stand at his right hand and be called by his name at the last day. In this sacred sense, our witness that we are willing to take upon us the name of Jesus Christ constitutes our declaration of candidacy for exaltation in the celestial kingdom. Exaltation is eternal life, 'the greatest of all the gifts of God' ([D&C 14:7](#))" (in Conference Report, Apr. 1985, 105; or [Ensign, May 1985, 83](#)).

- E. How is the covenant made by King Benjamin's people similar to the covenant we made at baptism and renew each time we take the sacrament? (See [Mosiah 5:5](#), [Mosiah 5:7-8](#); [D&C 20:37](#), [D&C 20:77](#), [D&C 20:79](#).) Why is it important that we

renew this covenant frequently?

- F. King Benjamin saw that all his people (except those who were too young) had entered into the covenant to obey God's commandments ([Mosiah 6:1-2](#)). Why was it important to record their names?
- G. Why was it important to appoint teachers and priests over the people? (See [Mosiah 6:3](#).) How do our teachers and Church leaders help us remember the covenants and promises we have made?

Let's read [Mosiah 5:15](#), the final words of King Benjamin's address. These blessings are available to each of us. Let's seek and maintain that "mighty change" of heart that will enable us to be children of Christ.

4. "Under this head ye are made free" ([Mosiah 5:8](#))

- A. In calling his people the children of Christ, King Benjamin said, "Under this head ye are made free" ([Mosiah 5:8](#)). How does obedience to the Lord bring freedom?

The Prophet Joseph Smith taught that "in obedience there is joy and peace unspotted, unalloyed; and as God has designed our happiness, ... He never has—He never will institute an ordinance or give a commandment to His people that is not calculated in its nature to promote that happiness" (*Teachings of the Prophet Joseph Smith*, sel. Joseph Fielding Smith [1976], 256-57).



- B. How have you seen obedience to God's commandments bring happiness to your life and the lives of those around you?

5. "How knoweth a man the master whom he has not served?" ([Mosiah 5:13](#))

- A. King Benjamin asked, "How knoweth a man the master whom he has not served?" ([Mosiah 5:13](#)). How have you come to know Christ better through serving Him?